**Postpartum Newborn Care Plan**

**5:00AM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**7:00AM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**9:00AM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**11:00AM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**1:00PM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**3:00PM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**5:00PM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**7:00PM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**9:00PM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**11:00PM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**1:00AM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME:

**3:00AM EAT ML/OZ**

HOLD UPRIGHT/BURP CHANGE DIAPER WET OR POOP

SWADDLE AND PUT TO SLEEP TIME: